

Barn Owl Bakery Wholesale List July 2016

Bread	Description	Ingredients
Country	Plain bread, 60% white, 40% whole wheat	60/40 blend of white flour and baker's choice whole grain flours, water, sea salt. All organic.
Gluten Free Sourdough	Brown rice sourdough starter gives this bread a unique flavor and springy texture	Rice flour*, sorghum flour, tapioca flour, water, olive oil*, flax meal*, red quinoa*, amaranth* millet*, psyllium husk*, sea salt, poppy seeds*, sesame seeds*. (* Organic)
Gluten Free Sandwich	Brown rice sourdough starter gives this bread a unique flavor and springy texture, a square 3lb loaf.	Rice flour*, sorghum flour, tapioca flour, water, olive oil*, flax meal*, red quinoa*, amaranth* millet*, psyllium husk*, sea salt, poppy seeds*, sesame seeds*. (* Organic)

Lopez Loaf	100% Lopez grown and milled Fortuna wheat flour, one of a kind.	100% whole grain flour from Fortuna wheat; grown, threshed, milled, and baked on Lopez Island, water, sea salt. All organic.
Midnight Rye	A rich dense rye bread in the Bavarian farmhouse tradition	Whole rye flour, water, sea salt. All organic.
Mountain Bread	A dense hearty Danish style rye, filled with ancient grain flour blend and nutrient dense seeds. To be sliced thin.	Rye flour, spelt flour, baker's choice whole grain flours, water, sunflower, sesame, pumpkin, and flax seeds, millet, rolled oats, flax meal, raisins, honey, molasses, dark beer, Straus yogurt (pasteurized organic whole milk, organic sweet cream, buttermilk, yogurt cultures), sea salt. All organic.
Rustic Rolls	Petite breads for snacking, slicing in half for a sandwich, or dunked in soup.	70/30 blend of white flour and baker's choice whole grain flours, water, sea salt. All organic.
Tordu	Rustic cousin to a baguette, great for picnics and bruschetta, 30% whole wheat	70/30 blend of white flour and baker's choice whole grain flours, water, sea salt. All organic.
Sprouted Multigrain	A nice rich whole grain loaf, chock full of a multigrain mix including einkorn, emmer, buckwheat, millet, amaranth, rye, oats, spelt, and barley.	30/70 blend of white flour and baker's choice whole grain flours, water, nine-grain multigrain seed mix, sea salt. All organic.
Flax Sunflower	Chock full of sunflower & flax seeds, 70% whole wheat	30/70 blend of white flour and baker's choice whole grain flours, water, toasted sunflower seeds, flax seeds, sea salt. All organic.
Pumpkin Seed Polenta	Creamy with the crunch of toasted pumpkin seeds	50/50 blend of white flour and baker's choice whole grain flours, water, polenta porridge, pumpkin seeds, rosemary, sea salt. All organic.
Honey Spelt Sandwich	A pan bread perfect for slicing and toasting up in the morning	Whole spelt flour, white spelt flour, water, honey, flax meal, cultured butter, sea salt, spelt flakes. All organic

Raisin Oat	Plump raisins, sweet flaked oats, 30% whole wheat	70/30 blend of white flour and baker's choice whole grain flours, water, soaked oats, raisins, sea salt. All organic.
Sesame	Rich nutty flavor of toasted sesame seeds, topped with a mix of lively seeds.	50/50 blend of white flour and baker's choice whole grain flours, water, toasted sesame seeds, fennel seeds, poppy seeds, sea salt. All organic.
Spelt Crackers	All spelt, sourdough, buttery wood fired crackers.	Whole spelt flour, white spelt flour, butter, herbs, spices, salt. All Organic.

Country Miche	A chewy, crusty, 3lb very rustic loaf of easy eating, full flavored bread	60/40 blend of white flour and baker's choice whole grain flours, water, sea salt. All organic.
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Baker's choice whole grain flour blend can include rye, spelt, hard red wheat, hard white wheat, Fortuna wheat, Kamut, emmer, einkorn, oat and/or barley flours. Please contact us for what we're currently using.